



Newsletter

13 September 2024

Oakengates Nursery School

www.oakengatesnurseryschool.co.uk

oakengates.admin@taw.org.uk

01952 387910



Your Health Visiting Team School Readiness Drop-in session.

On 26th September at 8.45am and 12.30pm a School Readiness staff member from the health visiting team will be available in the preschool room to give advice, support, and signpost to resources on **toileting, behaviour, sleep, fussy eating and dental health**.

By identifying development concerns early, support, targeted interventions and early referrals can be put in place to and ensure your child is equipped and ready for school.

Remember you can also contact the health visiting team **0333 358 3328**



Please keep scrolling to find out more information on our newsletter...

Keeping Children Safe

Internet Matters online Safety guidance for 0-5s	Page 3-4
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CSE guide for parents and carers	Page 7-8



Well Done Hannah!



We are thrilled to announce that Hannah has achieved a **Postgraduate Certificate in Special Educational Needs Coordination** awarded by Bath Spa University. This is a fantastic accomplishment, and we are so proud of her dedication and hard work.

This qualification will be a huge benefit to our setting, as it will help us to further support the individual needs of all the children in our care, ensuring they thrive and reach their full potential.

Well done, Hannah! We are lucky to have you as part of our team!



New Snack Charges



There will now be a charge for snack of 20p per session for **all funded** children.

You will receive a monthly invoice via email. Details of how to pay are included on the invoice.

Please speak to the admin office for further information.

TERM DATES

Autumn Term 2024

Tuesday 3rd September to Friday 20th December 2024

Half Term

Monday 28th October 2024 to Friday 1st November 2024

Please follow the link to our term dates
[term-dates-2024-2025.pdf](https://www.oakengatesnurseryschool.co.uk/term-dates-2024-2025.pdf)
[oakengatesnurseryschool.co.uk](https://www.oakengatesnurseryschool.co.uk)

Toddler Room

This week in the Toddler Room we have been exploring finger painting and investigating colour mixing. I wonder what happens when the red meets the yellow?

On the playdough table we have been using different tools to create marks. The children have been excited about the different marks they've made.

In the construction area we have been creating our own structures and talking about them. We've had lots of "houses and rockets" this week.

Our nursery rhyme of the week has been "the wheels on the bus".



Preschool Room

This week in the pre-school room the children have been exploring numerals in the playdough and using it to roll long sausage shapes to make the numbers 1,2,3,4,5.

In the home corner we have been setting the table for the Three Bears, making sure there are three plates, three bowls and three spoons on the table.

In the art studio we have been exploring paint with our hands, mixing two colours together and seeing what happens.

Our nursery rhyme of the week was 'Ring O Ring O Roses'.



Baby Room

Our focus story this week has been 'That's Not My Baby'.

This week in the Baby room our theme has been 'Welcome! Me and My Nursery'. We have been welcoming our new friends that are joining us this term.

We have been learning new names of items in treasure baskets and different feelings and emotions including happy and sad.

Our messy play this week has been exploring peas, picking them up with our fingers and squashing them. We have also been transferring them to containers using our fingers.

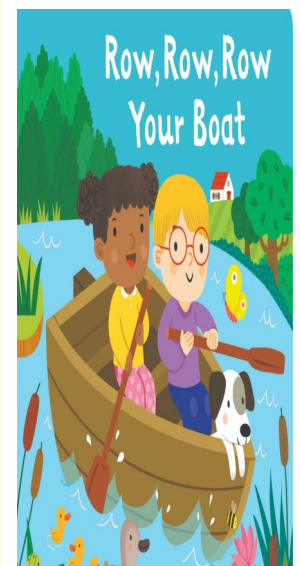
Outside we have been exploring the garden area collecting apples and filling and emptying in the mud kitchen.

Our nursery rhymes of the week have been 'head, shoulders, knees and toes' and 'Incey Wincey spider'



Nursery Rhyme of the week

Click on the image to access the song!



Online Safety



Guidance and advice from [internetmatters.org](https://www.internetmatters.org)
Click on the logo to access their preschool 0-5 online safety webpage



22% of parents of 3-4-year-olds don't think their child has a good balance between screen time and other activities

* Source: [Ofcom Children and parents: media use and attitudes report 2022](#)



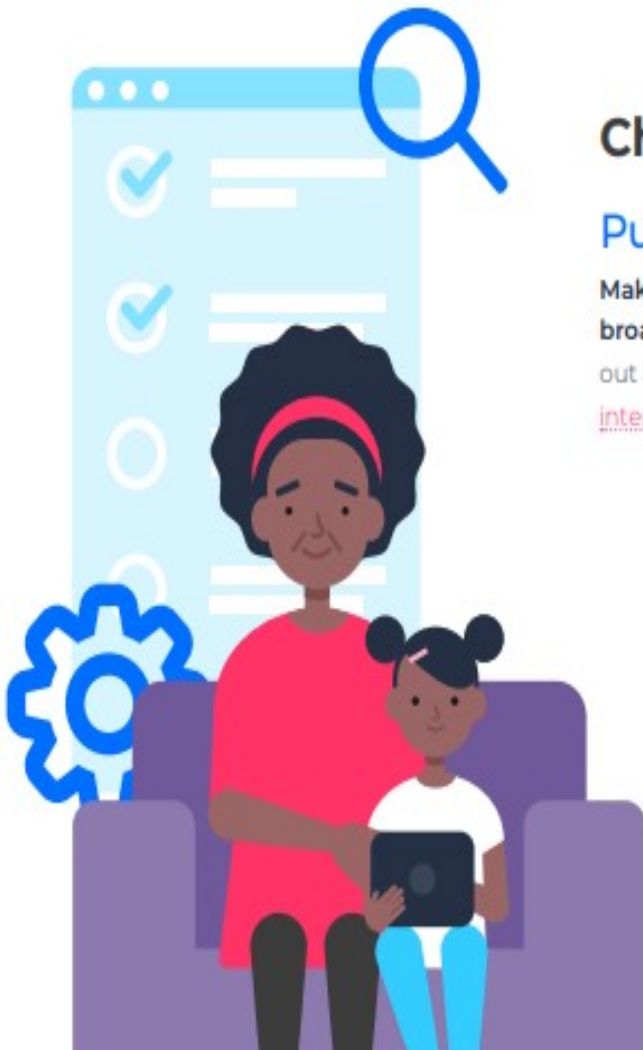
Checklist:

Put yourself in control

Make use parental controls available on your home broadband and any internet-enabled devices. You can find out how at your broadband provider's website or [by visiting internetmatters.org](https://www.internetmatters.org).

Search safely

Use safe search engines such as [swiggle.org.uk](https://www.swiggle.org.uk) or [kids-search.com](https://www.kids-search.com). **Safe search settings can also be activated on Google and other search engines** as well as YouTube and it is possible to lock these so that they can't be inadvertently removed. You can find out more by [visiting the Google Safety Centre](https://www.google.com/safetycenter). Once you've put all of these controls in place have a browse and search for a few things to see what your children might see, if they were to do the same. Remember that voice-activated search works really well now.



Online Safety



It's never too early to start setting rules about when and for how long your child can use devices and start to introduce the subject of internet safety at the same time. Encourage children to use devices in a shared spaces like a lounge or kitchen. Make sure to keep other devices out of reach and use passwords so they can't go online without asking you first. It's also a good idea to have tech-free mealtimes and not to allow children to have devices in their bedrooms at this age.

Explore together

Set your homepage to a child-friendly site such as **CBeebies** and give them a user account which only allows access to sites and apps you've chosen.

Help them learn through games

Games are a great way for young children to explore the internet and learn about the world around them.

Choose a variety of safe and educational online games and apps to play with your child so that you'll feel more comfortable with them exploring. Make use of websites and platforms designed specifically for pre-schoolers like CBeebies, YouTube Kids, Nick Jr, and use [age ratings](#) and reviews in the app store to check app suitability.



Know this stuff matters, but don't know where to turn?

Internet Matters is a free online resource for every parent in the UK. We'll show you the best ways to protect your children online – with information, advice and support on all the big online safety issues.

Early Help—Useful Information



Did you know that 'The Oak Family Hub' is located at [The Wakes](#) and offers free help and support to residents who are navigating their way through parenting? Click [here](#) to find out more.



Check out the Better Health Healthier families!

This useful website has food facts, recipes, activities and information of children's weight.

<https://www.nhs.uk/healthier-families/>



Shropshire and Telford and Wrekin Dental Advice Line

Do you have an urgent dental problem or need dental advice?



Are you looking for an NHS dentist for routine care?

Monday to Friday
0800-2100

01743 237916

Shropshire Community Health

Telford Public Health Nursing Service



Healthy you, Healthy Future

Telephone Number 0333 358 3328

Text 07520 619 053

School nurse 07520 619 051

Follow on twitter

@ShropPHNurse Open 9am-4.30pm
excluding bank holidays



The Children's Bowel & Bladder Charity

ERIC – The Childrens Bowel and Bladder Charity have family webinars coming up

11th July 19.00-20.30 talking about Going back to School

Please click on the links below to register as soon as possible

[Talking about: toileting with additional needs - parent / carer event - ERIC](#)

Do you have a child starting school in September?



Please access the 'Road to School' poster available by clicking [here](#).

The poster highlights the fact that children learn at different rates. It contains 12 suggestive steps such as eating, self-care, getting dressed and undressed on their own, independence, routines, going to the toilet, counting, interest in the world and new activities, sharing and turn taking, speaking and literacy, listening and understanding, and writing skills.

Is Your Child Too Ill For Nursery?

We've been asked by the Health Protection Hub to share some information with you on health-related issues – when your child should and shouldn't attend school and how best to keep them healthy.

The NHS has some good information for you to look at here: <https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

It's fine to send your child to school or nursery with a minor [cough](#) or [common cold](#) if they are otherwise well and do not have a high temperature. But if your child has a fever, they should stay home from school or nursery until they feel better, and the fever has resolved.

If they have [diarrhoea and/or vomiting](#), they should stay home for at least 48 hours after the last episode.

It is no longer recommended that children and young people are routinely tested for COVID-19 unless directed to by a health professional. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test. Children and young people who usually go to school, college or childcare and who live with someone who has a positive COVID-19 test result should continue to attend as normal.

Vaccines provide the best protection against many common but potentially serious illnesses. Over the past decade, fewer children are getting routine vaccines, putting them at risk of serious disease. This leaves schools vulnerable to outbreaks and increases pressure on the NHS. If your child is up to date with their [NHS vaccination schedule](#), they will already be protected against diseases like whooping cough, measles, mumps and rubella throughout their school career, as most provide lifelong immunity. Unvaccinated children are at higher risk of contracting these illnesses and having more severe symptoms than vaccinated classmates. They can also spread diseases to others. Check your child's red book or contact your GP surgery to ensure they are up to date on all vaccines.

Good hygiene also stops infections from spreading, which means less disrupted learning time. You can help by teaching your child to wash hands properly for 20 seconds, use tissues for coughs and sneezes, and stay away from others when sick. Letting in fresh air can also reduce the spread of airborne viruses.

What are some of the indicators of child sexual exploitation?

What to do if you are worried about a child and sexual exploitation...

- Staying out late, unexplained absences or going missing.
- Unexplained gifts (which can include cigarettes, alcohol, drugs, food).
- Self-harm.
- Significant changes in behaviour.
- Substance misuse.
- Change in appearance.
- STI's or pregnancy.
- Withdrawal from family relationships.
- Change of peer group or withdrawal from usual peer group.
- Secretive about life style.
- Secretive and excessive mobile/internet use.
- Truancy or exclusion from education.
- Associating with peers already identified as at risk of CSE.
- Relationships with older people.

Contact:

FamilyConnect

01952 385385

familyconnect@telford.gov.uk

(Out of hours: 01952 676500)

Other useful contacts/sources of information:

Police: **0300 333 3000**

NSPCC (National Number): **0808 800 5000**

Asian Child Protection line: **0800 096 7719**

PACE (Parents Against Child Exploitation):

0113 240 3040

Crimestoppers: **0800 555 111**

www.ceop.gov.uk

www.ukhtc.org

www.paceuk.info

www.barnados.org.uk

Child Sexual Exploitation (CSE)

A Guide for Parents and Carers

What is Child Sexual Exploitation?

“Child sexual exploitation is a form of sexual abuse in which a child or young person is exploited, coerced and/or manipulated into engaging in some form of sexual activity in return for something they need or desire and/or for the gain of a third person.

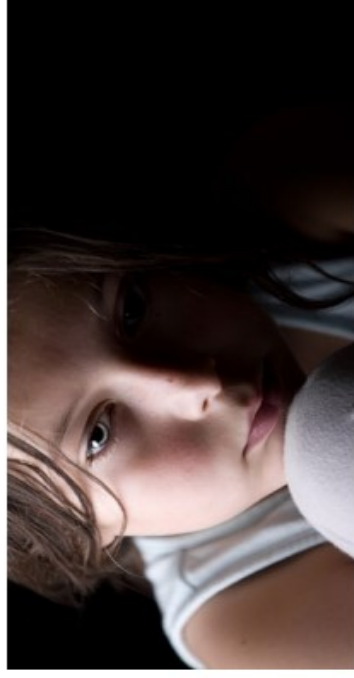
The ‘something’ received by the child can include both tangible items such as food, somewhere to stay, drugs, alcohol, cigarettes or money and more intangible ‘rewards’ such as perceived affection, protection or a sense of belonging. Fear of what might happen if they do not comply can also be a significant influencing factor.

Common to all these scenarios is an imbalance of power in favour of the abuser and some degree of coercion, intimidation, exploitation, violence and/or enticement of the child or young person.” (DSCF 2009)

The abuse can be perpetrated by groups or individuals, and by adults or peers.

What can I do as a parent or carer?

- Discuss differences between healthy and unhealthy friendships and relationships.
- Stay alert to any changes in behaviour which may indicate that they are feeling under pressure.
- Carefully monitor any episodes of staying out late or not returning home.
- Be aware of who they are spending time with and encourage them to keep in touch by texting you when they are out in the community.
- Report them missing if you do not know where they are.
- Talk openly to your child about keeping safe and listen calmly if they confide in you.
- Regularly check the young person’s possessions for drugs and any unexplained money or gifts.
- Install online safety features and apps.
- Check in with parents of their friends.
- Be cautious of any older friends or friendships where there appears to be a power imbalance.
- Check in with school or college to see if they have noticed any changes in behaviour.
- Share your concerns with school staff or Children’s Services.



If you are worried about a child and sexual exploitation phone
FamilyConnect on 01952 385385

Do you know what to expect in the Early Years Foundation Stage?



Use the QR code below to access a guide for parents

