

Newsletter

04 October 2024

Oakengates Nursery School

www.oakengatesnurseryschool.co.uk oakengates.admin@taw.org.uk 01952 387910



Harvest Donations

We will be collecting for our Harvest festival from Monday 30th September.



If you would like to contribute to our Harvest collection please bring dry food or tins to nursery which will be donated to a local food bank.



Our weekly learning can now be found on the website.

Follow the link below:

https:// oakengatesnurseryschool.co.uk/ learning-spaces





Personalised Christmas cards are now available to purchase from Cauliflower Cards!

Artwork has now been sent out to you with an order number to use to purchase via the website. There is also a video explaining the order process, which you can access via a QR code on the order form.

All original artwork and order form will need to be returned by Friday 11th October to ensure delivery in time for Christmas.



New Snack Charges

There will now be a charge for snack of 20p per session for all funded children.

You will receive a monthly invoice via email. Details of how to pay are included on the invoice.

Please speak to the admin office for further information.

TERM DATES

Autumn Term 2024
Tuesday 3rd September to Friday 20th December 2024

Half Term

Monday 28th October 2024 to Friday 1st November 2024

Please follow the link to our term dates term-dates-2024-2025.pdf (oakengatesnurseryschool.co.uk)



Starting school?

Closing date for applications:

15 January 2025

If your child has an Education, Health & Care Plan (EHCP) the closing date is 31 October 2024

www.telford.gov.uk/admissions

- You must apply if your child was born between 1 September 2020 – 31 August 2021.
- You **must** apply even if your child is attending a nursery or preschool on a school site or you have a child already attending the school.
- You are advised to list four schools on your application form, including your catchment area/nearest school.
- Attending a nursery does not guarantee a school place.
- School places are allocated in line with oversubscription criteria.
- See website for more information www.telford.gov.uk/ admissions or contact School Admissions at admissions@telford.gov.uk



Relocation News









How exciting!
Our new nursery has arrived on site and the garden room has also been lifted from our outside space and moved to the new site.

The children were so excited watching the crane lift the garden room.





Online Safety



It's never too early to start setting rules about when and for how long your child can use devices and start to introduce the subject of internet safety at the same time. Encourage children to use devices in a shared spaces like a lounge or kitchen. Make sure to keep other devices out of reach and use passwords so they can't go online without asking you first. It's also a good idea to have tech-free mealtimes and not to allow children to have devices in their bedrooms at this age.

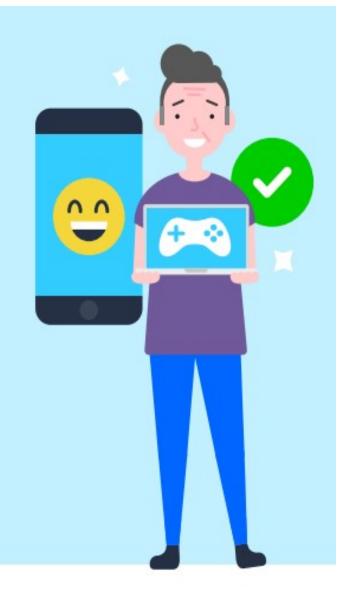
Explore together

Set your homepage to a child-friendly site such as CBeebies and give them a user account which only allows access to sites and apps you've chosen.

Help them learn through games

Games are a great way for young children to explore the internet and learn about the world around them.

Choose a variety of safe and educational online games and apps to play with your child so that you'll feel more comfortable with them exploring. Make use of websites and platforms designed specifically for pre-schoolers like CBeebies, YouTube Kids, Nick Jr, and use age ratings and reviews in the app store to check app suitability.





Know this stuff matters, but don't know where to turn?

Internet Matters is a free online resource for every parent in the UK. We'll show you the best ways to protect your children online – with information, advice and support on all the big online safety issues.

Early Help—Useful Information



Did you know that 'The Oak Family Hub' is located at <u>The Wakes</u> and offers free help and support to residents who are navigating their way through parenting? Click here to find out more.



Check out the Better Health Healthier families!

This useful website has food facts, recipes, activities and information of children's weight.

https://www.nhs.uk/healthier-families/





Shropshire and Telford and Wrekin Dental Advice Line Do you have an urgent dental problem or need dental advice? Monday to Friday 0800-2100 01743 237916 Chropshire Community Health NHS

Telford Public Health Nursing Service



Healthy you, Healthy Future

Telephone Number 0333 358 3328

Text 07520 619 053

School nurse 07520 619 051
Follow on twitter
@ShropPHNurse Open 9am-4.30pm
excluding bank holidays



ERIC – The Childrens Bowel and Bladder Charity have family webinars coming up

11th July 19.00-20.30 talking about Going back to School

Please click on the links below to register as soon as possible

<u>Talking about: toileting with additional needs - parent / carer event - ERIC</u>

Do you have a child starting school in September?



Please access the 'Road to School' poster available by clicking here.

The poster highlights the fact that children learn at different rates. It contains 12 suggestive steps such as eating, self-care, getting dressed and undressed on their own, independence, routines, going to the toilet, counting, interest in the world and new activities, sharing and turn taking, speaking and literacy, listening and understanding, and writing skills.

Is Your Child Too III For Nursery?

We've been asked by the Health Protection Hub to share some information with you on health-related issues – when your child should and shouldn't attend school and how best to keep them healthy.

The NHS has some good information for you to looks at here: https://www.nhs.uk/live-well/is-my-child-too -ill-for-school/

It's fine to send your child to school or nursery with a minor <u>cough</u> or <u>common cold</u> if they are otherwise well and do not have a high temperature. But if your child has a fever, they should stay home from school or nursery until they feel better, and the fever has resolved.

If they have diarrhoea and/or vomiting, they should stay home for at least 48 hours after the last episode.

It is no longer recommended that children and young people are routinely tested for COVID-19 unless directed to by a health professional. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test. Children and young people who usually go to school, college or childcare and who live with someone who has a positive COVID-19 test result should continue to attend as normal.

Vaccines provide the best protection against many common but potentially serious illnesses. Over the past decade, fewer children are getting routine vaccines, putting them at risk of serious disease. This leaves schools vulnerable to outbreaks and increases pressure on the NHS. If your child is up to date with their NHS vaccination schedule, they will already be protected against diseases like whooping cough, measles, mumps and rubella throughout their school career, as most provide lifelong immunity. Unvaccinated children are at higher risk of contracting these illnesses and having more severe symptoms than vaccinated classmates. They can also spread diseases to others. Check your child's red book or contact your GP surgery to ensure they are up to date on all vaccines.

Good hygiene also stops infections from spreading, which means less disrupted learning time. You can help by teaching your child to wash hands properly for 20 seconds, use tissues for coughs and sneezes, and stay away from others when sick. Letting in fresh air can also reduce the spread of airborne viruses.

What are some of the sexual exploitation? indicators of child

- Staying out late, unexplained absences or going missing.
- Unexplained gifts (which can include cigarettes, alcohol, drugs, food).
- Self-harm.
- Significant changes in behaviour.
- Substance misuse.
- Change in appearance.
- STI's or pregnancy.
- Withdrawal from family relationships.
- Change of peer group or withdrawal from usual peer group.
- Secretive about life style.
- Secretive and excessive mobile/internet use.
- Truancy or exclusion from education.
- Associating with peers already identified as at risk of CSE.
- Relationships with older people.

worried about a child and What to do if you are sexual exploitation...

Contact:

Fam/lyConnect

01952 385385

familyconnect@telford.gov.uk

(Out of hours: 01952 676500)

Other useful contacts/sources of information:

NSPCC (National Number): 0808 800 5000

Asian Child Protection line: 0800 096 7719 PACE (Parents Against Child Exploitation):

0113 240 3040

www.ceop.gov.uk www.ukhtc.org

www.paceuk.info

www.barnados.org.uk



Exploitation to create a better borough Protect, care and invest Sexual (CSE)

Parents and Carers A Guide for

What is Child Sexual Exploitation?

"Child sexual exploitation is a form of sexual abuse in which a child or young person is exploited, coerced and/or manipulated into engaging in some form of sexual activity in return for something they need or desire and/or for the gain of a third person.

The 'something' received by the child can include both tangible items such as food, somewhere to stay, drugs, alcohol, cigarettes or money and more intangible 'rewards' such as perceived affection, protection or a sense of belonging. Fear of what might happen if they do not comply can also be a significant influencing factor.

Common to all these scenarios is an imbalance of power in favour of the abuser and some degree of coercion, intimidation, exploitation, violence and/or enticement of the child or young person." (DSCF 2009)

The abuse can be perpetrated by groups or individuals, and by adults or peers.

What can I do as a parent or carer?

- Discuss differences between healthy and unhealthy friendships and relationships.
- Stay alert to any changes in behaviour which may indicate that they are feeling under pressure.
- Carefully monitor any episodes of staying out late or not returning home.
- Be aware of who they are spending time with and encourage them to keep in touch by texting you when they are out in the community.
- Report them missing if you do not know where they are.

- Talk openly to your child about keeping safe and listen calmly if they confide in you.
- Regularly check the young person's possessions for drugs and any unexplained money or gifts.
- Install online safety features and apps.
- Check in with parents of their friends.
- Be cautious of any older friends or friendships where there appears to be a power imbalance.
- Check in with school or college to see if they have noticed any changes in behaviour.
- Share your concerns with school staff or Children's Services.



If you are worried about a child and sexual exploitation phone $\mathbf{Fam}ily\mathbf{Connect}$ on 01952 385385

Do you know what to expect in the Early Years Foundation Stage?



Use the QR code below to access a guide for parents

