

Oakengates Nursery School

Newsletter



9 January 2026. Spring Term: Week 1

Dear Parents and Carers,

Welcome Back to a New Year!

Happy New Year to you all. We hope you had a wonderful festive break and are ready for an exciting term ahead. This term we are delighted to welcome new families to our nursery community. We look forward to learning and growing together and supporting your child's journey, every step of the way.

This term our topic is 'Let's Pretend'. Our focus is on imaginative play and role play. Children will explore traditional tales such as 'The Three Little Pigs' and The Gingerbread Man, helping them develop language, creativity, and storytelling skills. We'll also be learning about different occupations, encouraging children to think about the world around them and the roles people play in our community. Lastly a reminder that, if your child is due to start school in September 2026, please make sure you apply for their school place. Applications close on 15th January 2026.

Thank you for your continued support. Let's make this term a fantastic one!

Kind Regards,

Hannah Firmstone

Early Years Lead & SENCo



WINTER WEATHER PLANNING



As we head towards the colder months and the weather begins to change, we want to reassure all families that we have clear plans in place to keep everyone safe.

Our caretaker Dillon will be on site early each morning and during icy or snowy conditions, making it a priority to clear and grit a safe path for children, families and staff to enter and exit the school and nursery. Keeping access routes safe is our first step in ensuring a smooth and secure start to the day.

Please also remember that we have a Nursery Closure Information page on our website. This outlines how we will communicate any closures or adjustments to the school day and is kept updated throughout the winter season. We encourage all parents and carers to familiarise themselves with this page so you know exactly where to look should any urgent announcements be required.

<https://www.oakengatesnurseryschool.co.uk/parents-area/useful-information/extraordinary-school-and-nursery-closure>

Thank you for your continued support in helping us keep our nursery community safe and informed.

Stay warm and take care!



SEND NEWS

Short Breaks Newsletter

News, Updates and Activities for Children with Disabilities and their Families in Telford



December 2025

ICAN2 Activities—January 2026 Onwards

Based on feedback received from ICAN2 members and their parent carers, we are pleased to inform you that we have worked with our providers, 4All Foundation and Genius Tuition, to rearrange some of the ICAN2 activities to ensure that children can access them after arriving home from school or at the weekend. The revised dates, times and venues of all activities as of January 2026 are outlined below, along with details of 1:1 and 2:1 support available. 1:1 and 2:1 support is available at ALL ICAN2 sessions. Due to the popularity of the sessions, these spaces are available on a fair share basis to ensure all children have the opportunity to attend.

4All Foundation ICAN2 Activities

Following our recent survey to parents and carers, 4 All Foundation are delighted to announce our new schedule of ICAN2 Creative Arts and ICAN2 Youth Club sessions starting from January 2026. This is an exciting time for us as we continue to grow and shape our activities based on your feedback to ensure they meet the needs of our children, young people, and families.

ICAN2 Youth Club (age 11-17)

Every Friday, 4.30-6.30pm at Arleston Community Centre

Every Saturday, 2-4pm at Hollinswood Centre

ICAN2 Creative Arts (age 5-17)

Every Monday, 4.30-6.30pm at Admaston House

Every Friday, 4.30-6.30pm at Admaston House

Every Saturday, 12-2pm at Hollinswood Centre

Each session has 20 children, 3 of which are 1:1 and 1 is 2:1. The rest are in small groups.

Our new booking system is now live, and all activities are available to book online at www.4all.foundation

You can contact 4All Foundation on 0800 321 3617 (option 2)

Genius Tuition ICAN2 Activities

From January, we will be updating the way spaces are offered for our Saturday Sports and Leisure sessions. We are happy to share that we will now be able to offer weekly (every Saturday, 10-1pm at Southall School):

1 two-to-one (2:1) space

4 one-to-one (1:1) spaces

20 group spaces

To ensure fair access for all families, our Fair Share Policy means there will be a monthly limit on how many sessions can be booked. Families using 2:1 or 1:1 spaces will be able to book up to two sessions per month. Group spaces can continue to be booked as often as available.

Thank you for your understanding and support as we work to make our sessions accessible to as many families as possible.

You can book your child's place online at www.geniustuition.co.uk/ican2

You can contact Genius Tuition on 03303 110 860

ATTENDANCE AND PUNCTUALITY



**Congratulations
to
Toddler Room**

for winning this week's Attendance Award with:

98% attendance.

**Establishing good attendance habits is so important for
school readiness.**

**Coming to nursery every day helps children build routines,
develop friendships, and make the most of every learning
opportunity.**

**Thank you for supporting your child's attendance – it really
makes a difference!**



KEY DATES



Date	Event
Tuesday 6 th January	Start of the Spring Term
Thursday 15 th January	Farm On Wheels Visit
Thursday 5 th February	Making It REAL parent workshops
Monday 9 th February	Children's Mental Health Week
Thursday 12 th February	Chinese New Year Lunch
Monday 16 th - Friday 20 th February	Holiday Club

SOCIAL MEDIA



Click on the image to access our facebook page.

Admin Office Opening Hours



The office operates from Monday to Thursday, with opening hours from 7:30 AM to 3:45 PM.

On Fridays, the office closes earlier, at 1:00 PM. Should you need assistance or have any inquiries outside of these hours, you can call the out-of-hours phone on **07340 751171**.

This ensures that support or urgent matters can be attended to even when the office is closed.





FAMILY SUPPORT



ACCESS TO HIGHER EDUCATION

PROGRESSION INFORMATION DAY

ON THE DAY:

- ✓ Talk to our staff about available English & maths courses
- ✓ Find out about Access to HE subjects in Health & Psychology
- ✓ Discover the best progression routes
- ✓ Information about eligibility & funding

Discover your path to Higher Education and a great career with Learn Telford. Reach your goals and get to university with flexible learning during school term time: online study plus one day face-to-face every Friday.

**WEDNESDAY
21ST JAN 2026**

Book your place now!
Call 01952 382888 or
Scan the QR code



12-4pm



Southwater Library



FAMILY SUPPORT



Being a parent is one of the most difficult tasks there is; most families need support at times to help their children and young people thrive, and our ambition is for every family in our borough to receive the right help and the right time, with our community offer having a particular focus on providing advice and assistance at the earliest possible stage as and when challenges arise.

Our Family Hubs offer has expanded, and we are pleased to share the latest developments and opportunities available to families.

We offer daily drop-in sessions across Telford where families can access support without the need for referrals or pre-booked appointments. Parents and carers are very welcome to attend if they are looking for information, advice, support or guidance around any aspect of family life. Should our friendly practitioners not have an immediate answer, we will follow up with them promptly.

The drop-in locations and times are as follows:

Monday: Dawley Town Hall, 10:00am – 12:00noon

Tuesday: Silver Birch Family Hub, Sutton Hill / Hub on the Hill (alternate weeks) 10:00am – 12:00noon (term time)

Wednesday: Southwater Library (Children's Section), 09:30am – 12:00noon

Thursday: Arleston Community Centre, Wellington, 10:00am – 12:00noon
The Hub, Newport, 10:00am – 12:00noon

Friday: Donnington Community Hub (Damson Family Hub), 9:30am – 11:30am



FAMILY SUPPORT



Safer sleep for babies

the
lullaby
trust

Things you can do



Always place your baby on their back to sleep



Keep your baby smoke free during pregnancy and after birth



Breastfeed your baby if possible



Place your baby to sleep in a separate cot or Moses basket in the same room as you for the first six months



Use a firm, flat, waterproof mattress in good condition

Things to avoid



Never sleep on a sofa or in an armchair with your baby



Don't sleep in the same bed as your baby if you smoke, drink or take drugs or if your baby was born prematurely or was of low birth weight



Avoid letting your baby get too hot
Don't cover your baby's face or head while sleeping or use loose bedding

Follow the advice for every sleep, day and night

Sudden infant death syndrome (SIDS) is the sudden and unexpected death of a baby for no obvious reason. Although we don't yet know how to completely prevent SIDS, we do know that following this advice significantly lowers the risk of it happening.

Talk to your midwife or health visitor if you have any questions or concerns, or contact us

☎ 020 7802 3200
✉ info@lullabytrust.org.uk
🌐 lullabytrust.org.uk





FAMILY SUPPORT



Button batteries can badly hurt or kill a small child if they swallow one



Look

around your home for button batteries. Think toys, lights, remote controls and more.



Check

for products with loose backs and button batteries that have dropped out.



Store

button batteries in a safe place, up high and out of your child's reach.



Dispose

of used button batteries as soon as you can. They are still unsafe.



Act

If you think your child may have swallowed a button battery, go straight to A&E or call an ambulance.



capt.org.uk

[@ChildAccidentPreventionTrust](https://www.facebook.com/ChildAccidentPreventionTrust)

[@capt_charity](https://www.instagram.com/capt_charity)

child accident
prevention trust

SAFE SLEEPING: TOP TIPS FOR NURSERIES

The impact of safe sleeping guidance is well documented. The Back to Sleep campaign, for example, was the first major initiative to inform parents and carers about placing babies on their backs to sleep; its launch in 1991 contributed to an 83% reduction in cases of Sudden Infant Death Syndrome (SIDS). The Lullaby Trust reports, however, that SIDS continues to claim the lives of more than 160 babies in the UK each year. With an increasing number of babies in formal childcare, it's vital that early years professionals understand and adhere to safe sleeping guidelines.

THE STARTING POSITION

Place babies on their back with their feet towards the bottom of the cot ('feet to foot') and restore them to this position if they roll onto their stomach. Children older than one year who can confidently roll onto their tummy or side can be allowed to do so – but should still be laid on their back to begin with.

INSIDE THE COT

Use lightweight, breathable blankets instead of duvets or weighted blankets. Sleeping bags must be the right size, so babies can't slip down inside. Don't cover faces, tuck bedding in or wrap it around them above the shoulders. Remove cot bumpers and extra items like pillows. Check comforters or soft toys for cords or loose parts.

HAVE A SAFE SLEEP POLICY

Introduce a 'safe sleep policy' in your setting and make it part of new staff's induction. Include information on safe sleep guidelines; hygiene; correct procedures; and guidance on following babies' sleep routines from home.



PARTNERSHIP WITH PARENTS

Sleep routines and practices may be a concern for some parents whose children are new to nursery. Share your sleep policy with them when discussing their routine at home during the settling-in period. The NHS' and the Lullaby Trust's guidance on safe sleeping may also be helpful to parents.



HEALTH AND HYGIENE

Babies often dribble during sleep, so consider giving each child their own bedding to maintain good hygiene and avoid cross contamination of any illnesses. Wash bedding and mattress toppers regularly. Wipe down waterproof mattresses with a child-safe cleaning or sterilising solution.



LAYING NOT SITTING

Avoid putting babies to sleep in an upright position, like a bouncer or car seat. Some buggies can be reclined to allow the baby to lie flat – but while the straps stop them falling out, they could also increase the risk of SIDS. If a baby falls asleep in a bouncer or buggy, move them to a cot or mattress so they're flat on their back again.



THE SLEEP ENVIRONMENT

Mattresses must be in excellent condition and the proper size for the cot. If using sleep mats, consider where to put them: not close to doors or radiators, or anywhere staff or children might step on or trip over a sleeping baby. Complete regular risk assessments of cots, mattresses and sleep areas to ensure safety standards are being maintained.



DUMMIES AND BOTTLES

Using dummies while sleeping may reduce the risk of SIDS – but always check with parents before offering a child a dummy. If the baby does sleep with a dummy, avoid using clips or chains as these pose a strangulation risk. Never allow a child to fall asleep with a bottle in their mouth.



REVIEW REGULARLY

Early years professionals must remain up to date with the latest safe sleeping guidance and research. Training staff, refreshing your own knowledge of safe sleep practices and frequently reviewing your setting's policies, procedures and risk assessments will help to maintain a safe environment.



FREQUENT CHECKS

Check each sleeping baby every 10–15 minutes to ensure they're breathing and not tangled in bedding. When babies are confirmed to be sleeping safely, document the time of the check and which staff member carried it out.



TEMPERATURE

The risk of SIDS is higher if babies get too hot: use a thermometer to help you maintain a safe temperature of 16–20°C. If using fans to cool a room, never point one directly at a baby. If it's too cold, use an extra layer of bedding instead of a hat, which may impede a baby's ability to regulate their temperature.



Meet Our Expert

LEYF (London Early Years Foundation) was formed as Westminster Health Society in 1903, a time of poverty and shockingly high infant mortality. Pre-dating the NHS, it promoted child welfare and family health – breaking new ground by offering professional childcare training, outreach and home visits, drop-in sessions and parenting classes.



The National College

Source: <https://www.lullabytrust.org.uk> | <https://www.nhs.uk/conditions/baby/caring-for-a-newborn/reduce-the-risk-of-sudden-infant-death-syndrome/> | https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1170108/EYFS_framework_from_September_2023.pdf



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Top Tips for Nurseries on Understanding EYFS REFORMS ON FOOD SAFETY AND NUTRITION

The upcoming EYFS reforms, set to take effect in September 2025, will introduce significant changes to food safety practices in early years settings. The reforms impact food handling, staff training, and allergen management, as well as nutritional requirements and menu development. As with all aspects of the EYFS, these changes are to ensure children's health and safety – but what do they mean for your setting?

SAFER EATING



The reforms introduce new requirements for safer eating practices. It's advisable to address each area of food safety in your setting's policies and demonstrate that appropriate actions have been taken for each. Some changes directly affect your kitchen, while others focus on mealtime supervision and staff training, such as on allergens, allergies and nutrition.

ALLERGY MANAGEMENT



The proposed changes enhance allergy and anaphylaxis management in early years settings, requiring robust policies that identify children with allergies and address their needs. Staff training is essential to recognise allergic reactions and anaphylaxis – it should also cover emergency responses and adrenaline auto-injector (AAI) use. Anaphylaxis UK advocates for a comprehensive allergy awareness approach across the entire setting, promoting safety for all children.

INDIVIDUAL HEALTHCARE PLANS



As part of the reforms, settings will be required to have an individual healthcare plan (IHP) for each child with a known allergy. IHPs must clearly outline the child's specific allergen(s), their allergy symptoms, an emergency response plan, and their emergency contacts.

EMERGENCY PREPARATION



Settings should maintain spare AAIs for emergencies and conduct regular drills to review their procedures. Continuous staff training is vital, ensuring they can recognise anaphylaxis symptoms and properly administer AAIs. Settings may choose any government-approved training body that meets the standards for paediatric first aid, as there's no mandatory provider. This flexibility allows for tailored training that suits each setting's particular needs.

INTRODUCTION OF SOLID FOODS



The reforms place greater focus on the introduction and preparation of solid foods, requiring an individualised approach based on each child's developmental stage rather than just their age. Ongoing discussions with parents are crucial to understanding each child's readiness for solid foods, keeping both parties informed about the types of food at home and in the setting.

CHOKING PREVENTION MEASURES



Children must always be within sight and earshot of staff when eating in order to prevent choking incidents. Staff should monitor children for signs of distress and worrisome eating habits, ensuring they document any choking incidents to help them recognise patterns. A valid paediatric first aid certificate is a requirement for adequate meal supervision. Additionally, settings must follow specific kitchen safety practices to minimise choking risks and manage allergens effectively.

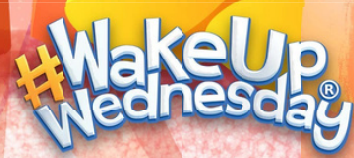
NUTRITIONAL AWARENESS



The changes to early years nutrition help settings understand the importance of menu planning for childhood development. Menus should support development, feature food items that enhance brain function and immunity, and include a colourful, balanced variety of foods. The reforms prioritise cultural relevance and require snacks that provide 10% of a child's daily energy needs. The changes also address health trends, choking awareness, allergy management, and the long-term impact of nutrition on children's development.

Meet Our Expert

Louise Mercieca is a nutritional therapist and award-winning author dedicated to educating people on the link between food and health. As an early years nutrition consultant, she helps nurseries and catering providers with menu development and staff training on nutrition for child development.



The National College®

Source: <https://www.tosf.org.uk/>

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FAMILY SUPPORT



**Check out the Better Health,
Healthier families website!**



This useful website has food facts,
recipes, activities and information of
children's weight.

**[HTTPS://WWW.NHS.UK/HEALTHIER-
FAMILIES/](https://www.nhs.uk/healthier-families/)**

Shropshire and Telford and Wrekin
Dental Advice Line

Do you have an
urgent dental
problem or need
dental advice?

Are you looking
for an NHS
dentist for
routine care?

Monday to Friday
0800-2100

01743 237916

Shropshire Community Health **NHS**

**Telford Public Health Nursing
Service
Healthy you, Healthy Future**

Telephone Number
0333 358 3328

Text 07520 619 053

School nurse 07520 619 051

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@ShropPHNurse

Open 9am-4.30pm
excluding bank holidays



Parents Opening Doors
'Together we can make a difference'
<https://www.podstelford.org/>