



Newsletter

17 May 2024

Oakengates Nursery School

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MENTAL HEALTH AWARENESS WEEK

13-19 MAY 2024

Movement is important for our mental health.

The aim of Mental Health Awareness Week this year is to help people to find moments for movement in their daily routines.

Going for a walk, putting on favourite music and dancing around the living room, chair exercises when you're watching television – it all counts!

We will be celebrating Mental Health Awareness Week by wearing **green** on Friday 24th May.



| Date | Event |
|------------------|--|
| 9 April | Start of the summer term for the children. |
| 24 May | Optional dress in green day for Mental Health Awareness week. |
| 27 May | Spring Bank Holiday <i>Nursery is closed to all children</i> |
| 27 May to 31 May | Half term <i>Nursery will also be closed to all children who attend Term Time</i> |
| 3 June | Professional Development Day <i>(Holiday Club only)</i> |
| 17-24 June | National School Sports Week |
| 21 June | Fun Sports Day |

Please click [here](#) to access our nursery website term dates page.



Let's celebrate!

Preschool have been learning all about our nursery expectations.

Our expectations are:

- 1) **We are kind to one another**
- 2) **We work hard together**
- 3) **We are honest with each other**

To celebrate their achievements the children have had the opportunity to wear one of our special T shirts for the session.

This is what each T shirt says:

- 1) **It's cool to be kind**
- 2) **I worked wonders**
- 3) **I did the right thing**

We are so proud of the children we hope you are too!



As the weather is warming up please be aware of the Telford & Wrekin sun protection statement to keep us all safe.

Stay in the shade 11-3

Make sure you never burn

Always cover up – wear a t-shirt, hat and wraparound sunglasses

Remember children burn more easily

Then use factor 15+ sunscreen with 5 stars on the back (Higher factor for children)

More information about sun safety can be found on the NHS website by clicking [here](#)

Please don't forget to apply sun cream to your child before they come into nursery. If they are with us all day pop a labelled bottle of cream in their bag so we can reapply at lunchtime.

Also can all children come to nursery with a named sunhat.



Do you want to know more about online safety for preschool aged children?

Internet matters have created a top tips page for parents of 0-5 year olds.

Click on the image below to access the page.



Are you eligible for 30 hours funding? Go to:

<https://www.gov.uk/30-hours-free-childcare>

Do you already have a preschool child with 30 hours funding?

Don't forget you have to confirm your details are up to date every 3 months.

<https://www.gov.uk/sign-in-childcare-account>



Our theme in nursery is called:

Let's Investigate!



Toddlers



This week in the Toddler room we will be talking about the changes our caterpillars have made the past week. Then we will be learning how to take care of them as butterflies.

On the playdough table we will be creating our own butterflies using brightly coloured playdough. On the finger gym we will be decorating the butterfly template, making patterns, and arranging the loose parts.

For Music and Movement, we will be moving around like butterflies using the brightly coloured scarves to different music.

In the art studio we will be creating butterflies using different media to create a collage. We will also be celebrating World Bee Day where we will be exploring the colours black and yellow, creating stripes just like a bee.

Our song of the week is "Buzzy Bees"



Preschool

Next week in pre-school we will be celebrating World Bee Day. We will be creating bees from collage materials and reading stories about the important role bees have in our world.

We have been observing the changes our caterpillars have made and they are now chrysalides. We can't wait to see what happens next!

In the playdough we will be making long and short caterpillars and in the finger gym we will be making minibeasts out of loose parts.

Our rhyme of the week is 'There's A Little Caterpillar On A Leaf'.



Baby Room

Our focus story will be. The Hungry Caterpillar (AM) Caterpillar Spring (PM)

This week in the Baby room our theme lets investigate mini beasts. We will be learning about different mini beast in the sand water and with muddy wormy sensory bottles and bags for our tummy time activities.

Our messy play this week we will be making worm play with brown wiggly wool and coco water. I wonder what it will feel like

Finger painting – we are going to explore big floor painting with our whole bodies this week after we can dip in some bubbly water to wash the paint from our tiny toes.

Outside we will be exploring the water tray with flowers and oranges for beautiful butterflies

Our nursery rhyme of the week 3. there's a worm at the bottom of my garden.



Nursery Rhyme of the week

Click on the image to access the song!



Bedtime Stories



Why is the bedtime story so important?



Relaxation time

Foster a lifelong love of books

Increases academic ability

Helps children to explore new feelings, new words, new experiences and new knowledge

Quality time that
strengthens family relationships

Cuddling together with your parents, grandparents, carers or siblings to share an adventure or talk about a story before happily drifting off to sleep is an idyllic image that should be every child's reality.

Bath, Book, Bed...

The book trust have some simple steps to a better nights sleep. Click on the link below to find out more.



<https://www.booktrust.org.uk/globalassets/resources/bath-book-bed/bath-book-bed-booklet-2020-optimised.pdf>

Health Information

Is my child too ill for nursery?

It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about managing infectious diseases. These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery each day your child is absent unless the school or nursery agrees a different arrangement. You must let the school or nursery know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let the school office know.

[Is my child too ill for school? - NHS \(www.nhs.uk\)](http://www.nhs.uk)

Health Protection Advice Measles

Cases of measles are increasing in the UK, including in the West Midlands, and it's likely that there will be cases in Telford in the near future.

Measles can have serious and sometimes fatal consequences, so make sure your children are up to date with MMR vaccinations, and ask your GP about catch-up jabs if needed. The MMR vaccine is highly effective at protecting against measles.

If you are concerned that your child has measles, please call your GP in the first instance, to reduce the risk of passing the disease to others in the waiting room.

More information on measles can be found and information on the MMR vaccine can be found by following the links below.

Shropshire and Telford and Wrekin Dental Advice Line

Do you have an urgent dental problem or need dental advice?



Are you looking for an NHS dentist for routine care?

Monday to Friday
0800-2100

01743 237916

Shropshire Community Health 

Telford Public Health Nursing Service



Healthy you, Healthy Future

Telephone Number 0333 358 3328

Text 07520 619 053

School nurse 07520 619 051

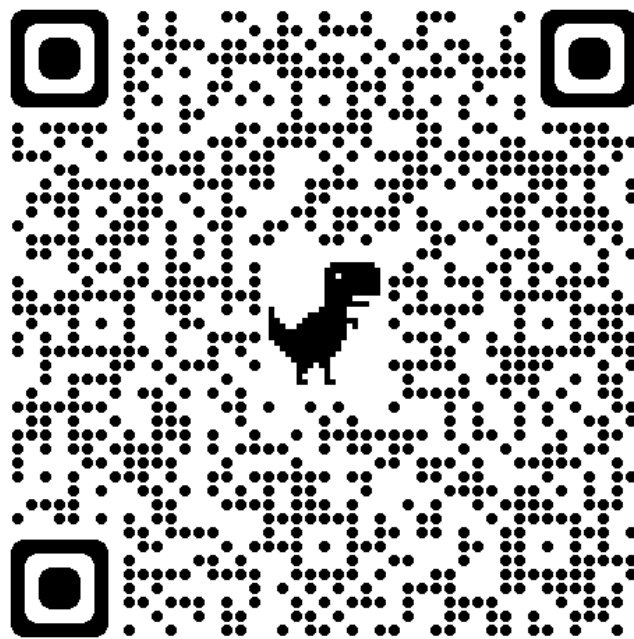
Follow on twitter

@ShropPHNurse Open 9am-4.30pm
excluding bank holidays

Do you know what to expect in the Early Years Foundation Stage?



Use the QR code below to access a guide for parents





Speaking English: Essential for everyday life in UK

Start Date: Thursday 6th June 2024

End Date: Thursday 11th July 2024

Time: 9:30 - 11:30am

Duration: 6 weeks

Location: The Wakes, Oakengates, TF2 6EP

This FREE course is for adults who already speak some English as a second language. During this course, you will improve your confidence in speaking in English and this will help with day to day situations involving numbers, for example shopping and paying with British money and talking about bills, banks and statements.

This course provides an opportunity to help you progress onto an ESOL course that offers a qualification

Eligibility: Adults aged 19+.



SCAN ME