



Newsletter

12 July 2024

Oakengates Nursery School

www.oakengatesnurseryschool.co.uk

oakengates.admin@taw.org.uk

01952 387910

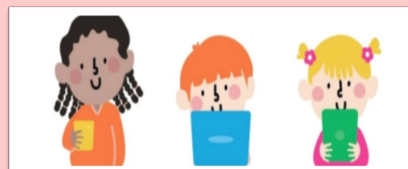
Diary Dates

Date	Event
19 July	Last day of Summer term
26 Aug	Bank Holiday Nursery closed
2 Sept	PD Day <i>Holiday club only</i>
3 Sept	Autumn Term commences

Please click [here](#) to access our nursery website term dates page.

Please keep scrolling to find out more information on our newsletter...

Keeping Children Safe



Internet Matters online Safety guidance for 0-5s	Page 4-5
Early Help Useful information	Page 6-7
CSE guide for parents and carers	Page 8 - 9

Nursery Reading Books

We will be collecting all nursery sharing and reading books in this week before we break up. Please bring any books back into nursery by **Wednesday**—Thank you



End of Term Party Day

This Friday is the last day of the summer term. We will be celebrating this by holding nursery parties in each room.

We would really appreciate a donation of £1 to go towards party food.

We will collect donations at the start of each session on Monday, Tuesday and Wednesday.
Thank you!

Admin Hours

A gentle reminder that the nursery admin office now operates **term time only**
Monday-Thursday 7.30-3.45pm
Friday 7.30-1pm

If you need to contact the nursery in an emergency out of these admin hours, please call the contact number below

07340 751 171

If you have any queries over the holiday periods, please leave a voicemail on 01952 387 910 or alternatively email **oakengates.admin@taw.org.uk**

Our Nursery Relocation



Side view that leads out onto decking and garden



The Baby Room



The main space for the toddler and preschool rooms.



The front entrance.

Toddler Room

This week in the Toddler room we will be preparing to say goodbye to our toddler friends as they leave to start preschool in September.

We will be doing lots of fun party activities throughout the week.

On the playdough table we will be creating our own party cup cakes using natural coloured scented playdough.

In the art studio we will be creating party hats and banners for the party day.

We will be enjoying dancing to music and bubble play.

Our rhyme of the week is "when we started nursery"



Preschool Room

Next week in pre-school we will continue with our theme of 'Let's Investigate Change'.

We will be looking at the children's baby photos to compare with what they look like now, painting self portraits in the sunshine room, talk about what makes a good friend and role play in the school.

We would like to take this opportunity to thank all of our parents for their continued support and kindness during their child's voyage through nursery.

The pre-school team have loved nurturing your children and watching them grow into amazing young children. We know they will go on to have happy and successful lives and we wish them all the very best at 'Big School' - the next step on that journey.

Baby Room



Our focus story will be "one little seed"

This week in the Baby room our theme is transition and change.

We will be learning how to use items within a home e.g. a hairbrush, a spray bottle, pretending to make food.

Our messy play this week will be making sunshine's with yellow playdough and pasta pieces.

Outside we will be exploring sand and water, using nets to catch the crabs and exploring shells in blue water.

Our nursery rhymes of the week are "clap hands daddy comes" and "tiny caterpillar on a leaf".

Nursery Rhyme of the week

Click on the image to access the song!

'The Sun has Got His Hat on!'



Online Safety



Guidance and advice from [internetmatters.org](https://www.internetmatters.org)
Click on the logo to access their preschool 0-5 online safety webpage



22% of parents of 3-4-year-olds don't think their child has a good balance between screen time and other activities

* Source: [Ofcom Children and parents: media use and attitudes report 2022](#)



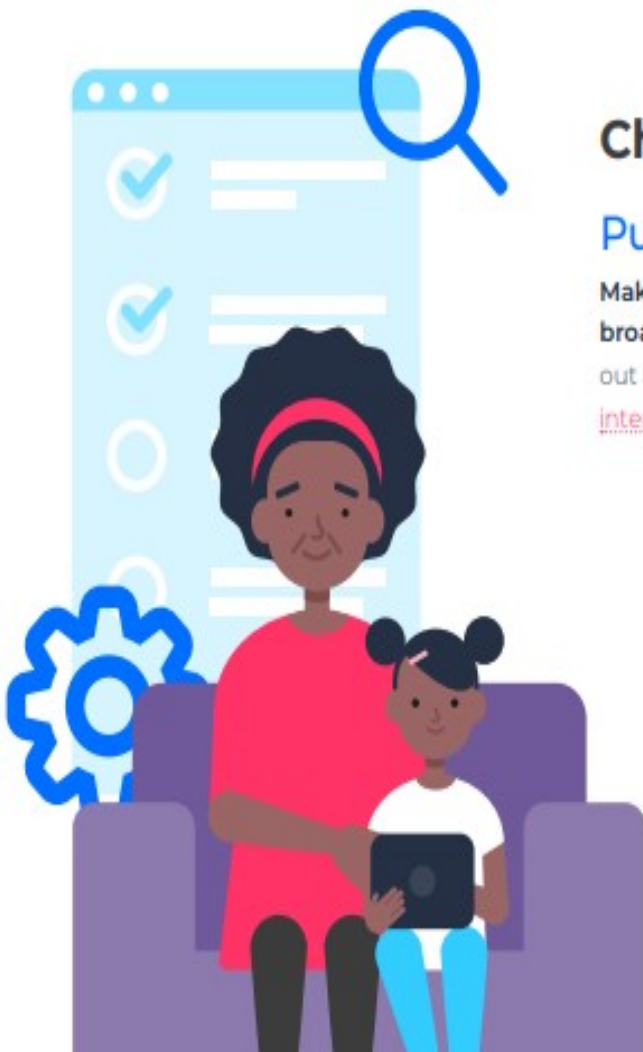
Checklist:

Put yourself in control

Make use parental controls available on your home broadband and any internet-enabled devices. You can find out how at your broadband provider's website or [by visiting internetmatters.org](https://www.internetmatters.org).

Search safely

Use safe search engines such as [swiggle.org.uk](https://www.swiggle.org.uk) or [kids-search.com](https://www.kids-search.com). **Safe search settings can also be activated on Google and other search engines** as well as YouTube and it is possible to lock these so that they can't be inadvertently removed. You can find out more by [visiting the Google Safety Centre](https://www.google.com/safetycenter). Once you've put all of these controls in place have a browse and search for a few things to see what your children might see, if they were to do the same. Remember that voice-activated search works really well now.



Online Safety



It's never too early to start setting rules about when and for how long your child can use devices and start to introduce the subject of internet safety at the same time. Encourage children to use devices in a shared spaces like a lounge or kitchen. Make sure to keep other devices out of reach and use passwords so they can't go online without asking you first. It's also a good idea to have tech-free mealtimes and not to allow children to have devices in their bedrooms at this age.

Explore together

Set your homepage to a child-friendly site such as CBeebies and give them a user account which only allows access to sites and apps you've chosen.

Help them learn through games

Games are a great way for young children to explore the internet and learn about the world around them.

Choose a variety of safe and educational online games and apps to play with your child so that you'll feel more comfortable with them exploring. Make use of websites and platforms designed specifically for pre-schoolers like CBeebies, YouTube Kids, Nick Jr, and use [age ratings](#) and reviews in the app store to check app suitability.



Know this stuff matters, but don't know where to turn?

Internet Matters is a free online resource for every parent in the UK. We'll show you the best ways to protect your children online – with information, advice and support on all the big online safety issues.

Early Help—Useful Information



Did you know that 'The Oak Family Hub' is located at [The Wakes](#) and offers free help and support to residents who are navigating their way through parenting? Click [here](#) to find out more.



Check out the Better Health Healthier families!

This useful website has food facts, recipes, activities and information of children's weight.

<https://www.nhs.uk/healthier-families/>



Shropshire and Telford and Wrekin Dental Advice Line

Do you have an urgent dental problem or need dental advice?



Are you looking for an NHS dentist for routine care?

Monday to Friday
0800-2100

01743 237916

Shropshire Community Health 

Telford Public Health Nursing Service



Healthy you, Healthy Future

Telephone Number 0333 358 3328

Text 07520 619 053

School nurse 07520 619 051

Follow on twitter

@ShropPHNurse **Open 9am-4.30pm**
excluding bank holidays



The Children's Bowel & Bladder Charity

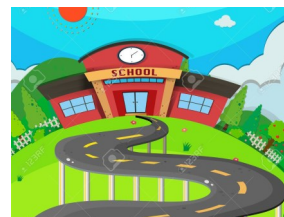
ERIC – The Childrens Bowel and Bladder Charity have family webinars coming up

11th July 19.00-20.30 talking about Going back to School

Please click on the links below to register as soon as possible

[Talking about: toileting with additional needs - parent / carer event - ERIC](#)

Do you have a child starting school in September?



Please access the 'Road to School' poster available by clicking [here](#).

The poster highlights the fact that children learn at different rates. It contains 12 suggestive steps such as eating, self-care, getting dressed and undressed on their own, independence, routines, going to the toilet, counting, interest in the world and new activities, sharing and turn taking, speaking and literacy, listening and understanding, and writing skills.

Sun Safety

As the weather is warming up please be aware of the Telford & Wrekin sun protection statement to keep us all safe.

Stay in the shade 11-3

Make sure you never burn

Always cover up – wear a t-shirt, hat and wraparound sunglasses

Remember children burn more easily

Then use factor 15+ sunscreen with 5 stars on the back (Higher factor for children)



More information about sun safety can be found on the NHS website by clicking [here](#)

Please don't forget to apply sun cream to your child before they come into nursery. If they are with us all day pop a labelled bottle of cream in their bag so we can reapply at lunchtime.

Also can all children come to nursery with a named sunhat.

Is my child too ill for nursery?

It can be tricky deciding whether or not to keep your child off school or nursery when they're unwell.

There are government guidelines for schools and nurseries about managing infectious diseases. These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery each day your child is absent unless the school or nursery agrees a different arrangement. You must let the school or nursery know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let the school office know.

[Is my child too ill for school? - NHS \(www.nhs.uk\)](#)

Are you eligible for 30 hours funding? Go to:

<https://www.gov.uk/30-hours-free-childcare>

Do you already have a preschool child with 30 hours funding?

Don't forget you have to confirm your details are up to date every 3 months.

<https://www.gov.uk/sign-in-childcare-account>



What are some of the indicators of child sexual exploitation?

What to do if you are worried about a child and sexual exploitation...

- Staying out late, unexplained absences or going missing.
- Unexplained gifts (which can include cigarettes, alcohol, drugs, food).
- Self-harm.
- Significant changes in behaviour.
- Substance misuse.
- Change in appearance.
- STI's or pregnancy.
- Withdrawal from family relationships.
- Change of peer group or withdrawal from usual peer group.
- Secretive about life style.
- Secretive and excessive mobile/internet use.
- Truancy or exclusion from education.
- Associating with peers already identified as at risk of CSE.
- Relationships with older people.

Contact:

FamilyConnect

01952 385385

familyconnect@telford.gov.uk

(Out of hours: 01952 676500)

Other useful contacts/sources of information:

Police: **0300 333 3000**

NSPCC (National Number): **0808 800 5000**

Asian Child Protection line: **0800 096 7719**

PACE (Parents Against Child Exploitation):

0113 240 3040

Crimestoppers: **0800 555 111**

www.ceop.gov.uk

www.ukhtc.org

www.paceuk.info

www.barnados.org.uk

Child Sexual Exploitation (CSE)

A Guide for Parents and Carers

What is Child Sexual Exploitation?

“Child sexual exploitation is a form of sexual abuse in which a child or young person is exploited, coerced and/or manipulated into engaging in some form of sexual activity in return for something they need or desire and/or for the gain of a third person.

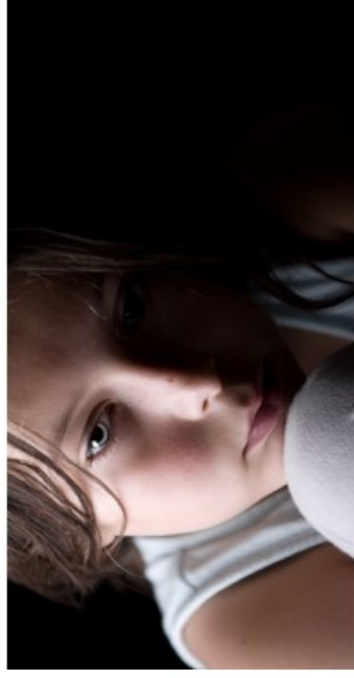
The ‘something’ received by the child can include both tangible items such as food, somewhere to stay, drugs, alcohol, cigarettes or money and more intangible ‘rewards’ such as perceived affection, protection or a sense of belonging. Fear of what might happen if they do not comply can also be a significant influencing factor.

Common to all these scenarios is an imbalance of power in favour of the abuser and some degree of coercion, intimidation, exploitation, violence and/or enticement of the child or young person.” (DSCF 2009)

The abuse can be perpetrated by groups or individuals, and by adults or peers.

What can I do as a parent or carer?

- Discuss differences between healthy and unhealthy friendships and relationships.
- Stay alert to any changes in behaviour which may indicate that they are feeling under pressure.
- Carefully monitor any episodes of staying out late or not returning home.
- Be aware of who they are spending time with and encourage them to keep in touch by texting you when they are out in the community.
- Report them missing if you do not know where they are.
- Talk openly to your child about keeping safe and listen calmly if they confide in you.
- Regularly check the young person’s possessions for drugs and any unexplained money or gifts.
- Install online safety features and apps.
- Check in with parents of their friends.
- Be cautious of any older friends or friendships where there appears to be a power imbalance.
- Check in with school or college to see if they have noticed any changes in behaviour.
- Share your concerns with school staff or Children’s Services.



If you are worried about a child and sexual exploitation phone
FamilyConnect on 01952 385385

Do you know what to expect in the Early Years Foundation Stage?



Use the QR code below to access a guide for parents

